**[TEMPLATE] – PLEASE READ INSTRUCTIONS**

**Instructions:** The following is a template letter to the editor, which you can send by email or snail mail to your local newspaper’s editor. The best way to find this person’s contact information is to conduct an online search for the name of your paper + “letter to editor”. There should be instructions on how to submit letters to the editor.

**Helpful Tips:**

* Don’t forget to **include your name and the city, state** where you reside at the end.
* Be sure to **include the subject line** we’ve provided for you.
* **Double-check the email address** is correct before you send.
* Send to as many local newspapers as are in your town or city.

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**Subject:** A Personal Option in health care is the right prescription

Dear Editor,

How long until we have a healthcare system that meets the needs of the people? I continue to be shocked by how much healthcare costs and how hard it is to see prices up front.

Our current system is so full of red tape, forcing people like me to jump through hoops just to get a little care and then surprising us later when the bill comes. There has to be a solution for the majority of Americans who feel that health care should be as easy as shopping at Walmart or Amazon. We deserve more choice and control.

We need a system that makes healthcare more affordable, transparent, and responsive to patients and consumers. That happens by giving individuals and families control over their healthcare dollars. It’s about putting people over big insurance companies.

The problem with government-run approaches — “Medicare for All” or the “public option” — is that it gives government bureaucrats way too much say over our health care, increasing costs and making it harder for people like me to get the care we need.

A personal option in health care is the antidote to these terrible proposals because it would mean everyone has access to tax-free health savings accounts, insurance-free direct primary care plans, and 24/7 telehealth that saves us time and money. Plus, I can keep seeing my long-time providers.

We don’t need a complete gutting of the current system. But we do need lawmakers to step up and legislate these types of changes that would benefit all Americans. A personal option in health care just makes sense.

Thank you,

[YOUR NAME, CITY & STATE]